

Speed Reading Online

Online Training by Improved Reading

Knowledge workers need to process and fully understand a lot of information within a short time and often under pressure. Efficient reading techniques relieve the stress caused by this information overload and help unlock your full potential.

You will be able to select useful information faster, process it more quickly and more thoroughly and remember it more easily.

Aims and benefits:

In this web-based training you will learn techniques that will boost your reading efficiency. In many cases the participants easily double their reading speed, improve comprehension and learn how to reduce the effort of reading from screens.



Besser lesen. Mit System.

Content:

- ✓ Initial personal assessment of reading skills
- ✓ Demonstration of inefficient reading habits
- ✓ Sequence of exercises to reduce common reading faults (on paper and screens) with proven teaching methods in line with the psychology of learning
- ✓ Efficient reading techniques and flexible reading strategies are introduced and practiced
- ✓ The interrelations between reading technique and concentration/memory retention will be demonstrated and you will learn how to leverage this interaction.
- ✓ Motivating tests at regular intervals to monitor your progress

Duration:

Around 10–12 hours in total; to be completed within 4 weeks with flexible timing

Course Dates:

Start any time you want – individually or as a group!

Requirements:

Desktop or tablet computer with Internet access and a current browser version